

Hannah

Love and attention as a skill?

The way Odell talks about attention meaning to stretch toward, about how to stay attentive while keeping enough room for a true encounter to occur, and how this requires will, made me think of love.

My best definition of love is a mix of attention, trust, care and dedication. Once this came to my mind though, I got a little annoyed every time she dropped the word discipline. I get the impression of a worry that time and life will pass by if we don't practice paying attention. And yes, practicing attention is a good thing, if we're talking practice in the sense of living a practice, but not practicing a skill. I don't know, can you be good at paying attention and can you be good at love? It's a very uncomfortable question for me, which also makes me want to pry a little more. I mean you can practice patience and holding space for things you don't fully understand which are good tools for paying attention and in love. But I refuse to think that real attention or love can be rated in any way.

At the end of reading this book I don't want attention to be something new that I put on a pedestal and judge myself over. I want it to be a key to connection. I think that's what Odell wants too, so ultimately we land in the same boat. Still, I'm uncomfortable with discipline in this context, while I like the idea of remembering to practice attention, and I'm not entirely sure what the difference is. A morality dimension? Also, discipline makes it into a something rather than nothing. On the other hand, maybe I'm making something out of nothing, how often does the word come up?

Samson the Ladle

I think I actually disagree quite strongly with your disagreement of love being a skill

In my marriage, in parenting, even in learning to be an adult friend with adults, I am coming to learn more that being a good partner in those relationships does actually mean putting in work and dedicating myself to that craft. I think this stems primarily from my experience of love being a commitment, not a feeling or an emotion.

Take my daughter. I feel very much love for her, and yet all that emotion does nothing for me (or for her) if I lose my temper at her. If I fail to provide for her needs, it almost doesn't matter how much I love her - she's not experiencing the love, and therefore does it even exist?

Or in my friendships. I'm generally not quick to respond to texts, falling into the ADHD pattern of not replying for a week or so at a time, and then replying with way too much information. My friends are gracious to me, but especially at the beginning of a friendship, I have to be careful about it. It doesn't matter how much I want to be a friend or like their company, because if I don't show it, then my friendship doesn't really exist to them. And if my friendship doesn't exist to *my friend*, does it even really exist as friendship?

My own mother, who also has ADHD, doesn't really call or check in much. And I don't judge her for it, certainly I would be hypocritical if I did, but it has undoubtedly contributed to the distance in that relationship. I know she loves me, but she's really not the best at actually showing me that love. Functionally, at the end of it all, her lack of skill in loving is reducing the overall love experienced.

Matthew M

Deeply appreciate and agree with your disagreement Samson. And at the same time I relate to Hannah's discomfort with this idea.

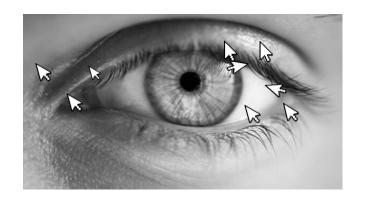
For me it's largely about the language. I find I feel an instinctual discomfort with using the language of "discipline" and "skills" to talk about interpersonal relationships, spirituality, and art. That's not because they aren't accurate words to use but because (for me) those words have had their connotations irreparably tainted by capitalist "productivity" shit. I can't help but hear the word "marketable" before the word "skills." Now maybe that's a me problem; I'm capable of noticing my emotional reaction to specific wording and reminding myself that Odell probably doesn't have that capitalistic connotation in mind when she talks about discipline. Maybe it's on the reader to like disambiguate the possible meanings of any word they're using.

But idk, is that feasible? I tend to think it's more the responsibility of an author (especially in non-fiction) to be clear about what they mean by using specific words. And for me Odell hasn't always been exceptionally clear with what exactly she means when she says discipline. Like, I completely agree that love SHOULD be thought of as a practice, a muscle that you have to consistently train, but if the words "discipline" and "skill" FEEL wrong to some portion of the audience, maybe other wording would be better.

Rather than "skill" which evokes a productivist or "gamey" famework that I don't fuck with, I think love is more accurately described as a craft or a practice or an art or a consistent priority. That's just me tho.

love is a skill?!







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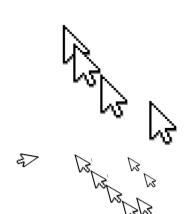
I thought the analysis of immediacy and political activism was really strong and potent.

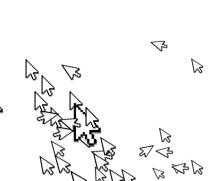
weak ties- without a personal connection there is less motivation to do something about an issue in this sea of information overload. many of the things I care deeply about have their seeds in encounters, friendships, and experiences that happened in real life.

I have been thinking of this idea of "useless awareness"- I want to challenge the idea that simply being aware is politically valuable in and of itself. I find myself grappling with this question of how to not sink into hopelessness and disempowerment and I know I'm not the only one.

Halley

B







PORT ANGELES ILA CALLS FOR GENERAL STRIKE

Reporters!

REMEMBER THAT ALL NEW FOR THE PAPER MUST BE IN BY MONDAY

VOICE OF ACTION

The Story

HOW THE LUMBER BARON ROBBED TO GAIN THEIR HOLDINGS. PAGE 4.

VOLUME 2

TELEPHONE MAIN 152

SEATTLE, WASHINGTON, FRIDAY, JUNE 22, 1934

FIVE CENTS

NUMBER 12

COPS TRY OUT TEAR GAS IN SEATTLE STREETS!

Longview Lumber Mill Workers Strike In Sympathy With ILA

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MEASURE SIGNED TO CUT INSULE'S

BY ROOSEVELT \$200,000 Bail

Leading up to the strike, the longshoremen organized a convention in San Francisco where the delegates—all of whom worked mon the docks—represented fourteen thousand longshoremen up ed and down the coast. I consider the activities of the rank and file an up instance of what I've been calling the "third space," since it was a in racially inclusive and distinctly democratic space that stood outside a the usual lines of battle. "While employers and union officials engaged in totally unproductive negotiations," writes Quin, "the men on the docks proceeded with arrangements for the strike." n

on the docks proceeded with arrangements for the strike."34

SETTLE THE STRIKE!

- ODAY in Seattle there is only one thought, one object, one desire:
- At first, it was a private quarrel. We waited for its end, by negotiaon. Nothing happened.
- We waited for politicians to settle it. We he joed for arbiters to end it.

 We saw it tackled by men from Waihington, D. C. Then Secretary of
 Liabor Perkins was coing to make peace—but did not succeed.

 The president then ordered the labor deposit ment to end the strike—
- complished exactly nothing.

 The people of Seattle are more vitally interested in this strike than
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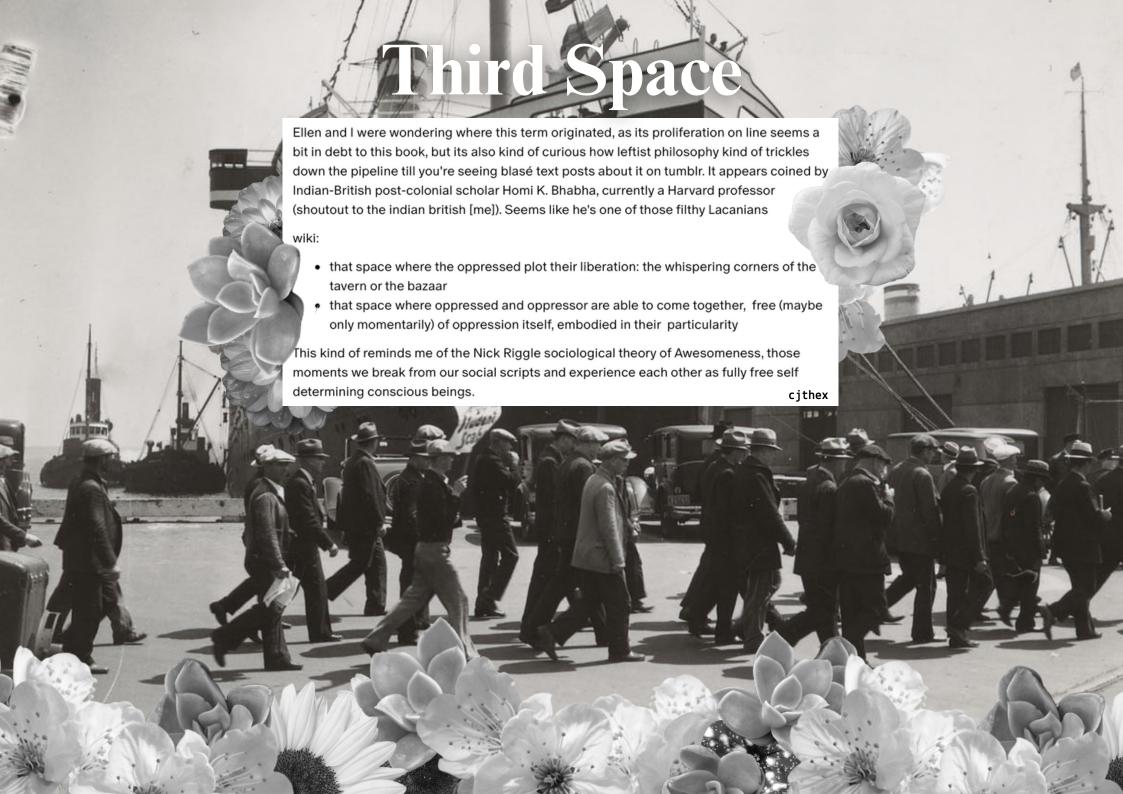
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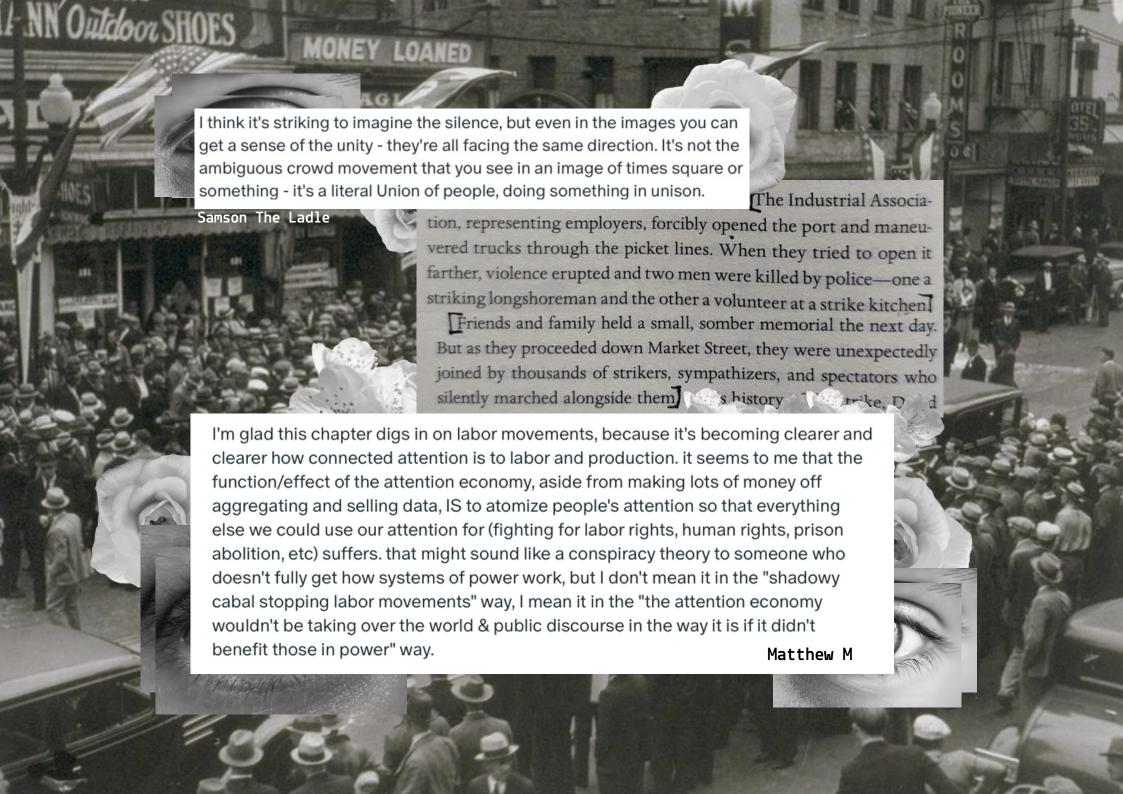
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F. R. TO OUTLINE

The Seattle Star





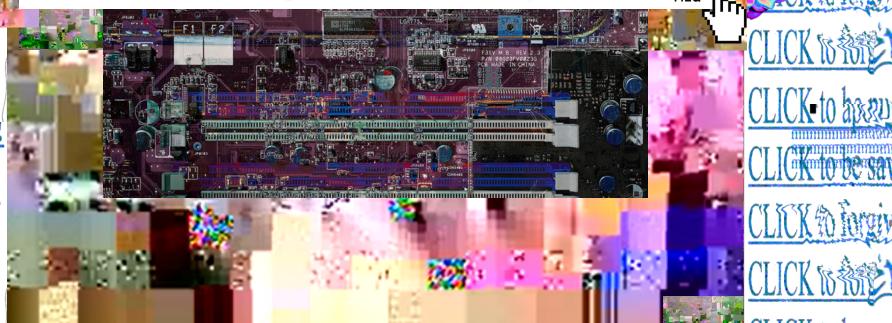








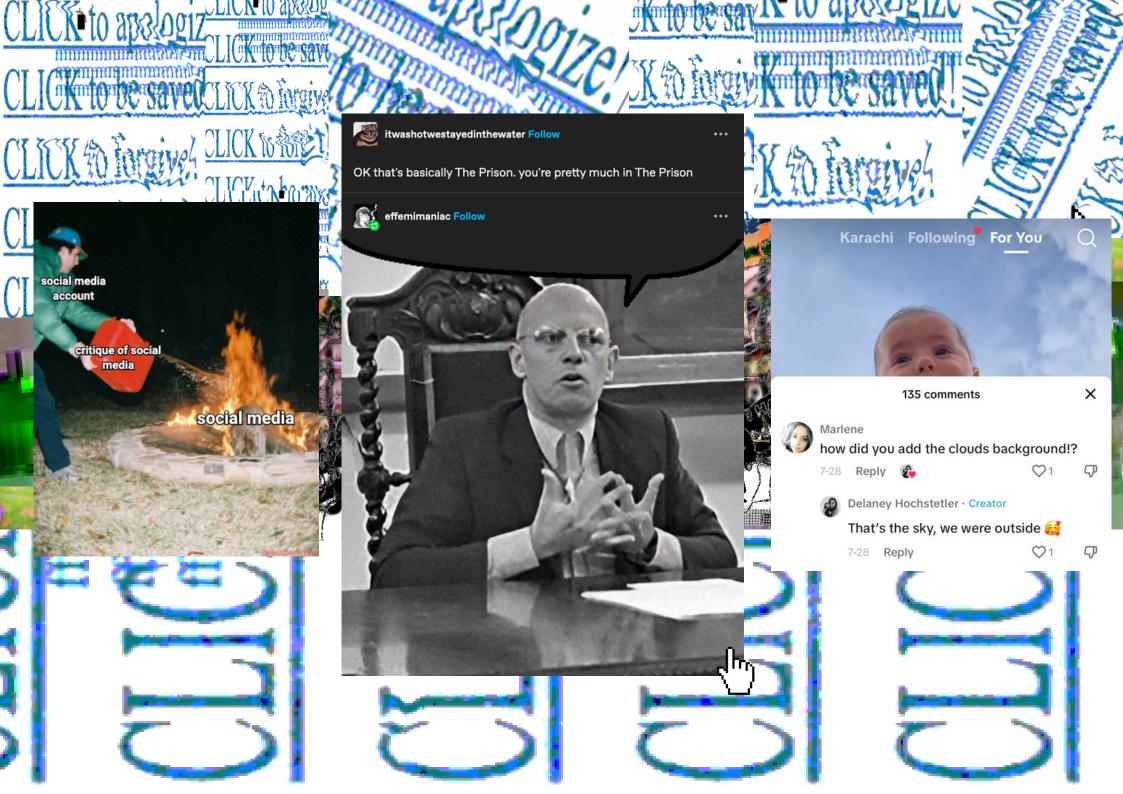
break down systems through strategic disruption and refusal, "...activating new architecture through malfunctions...". although russell's idea has more to do with utilizing the internet as a third space to refuse existing binaries, the core sentiment of nonperformance to propel change is the same(ish) i think...maybe...



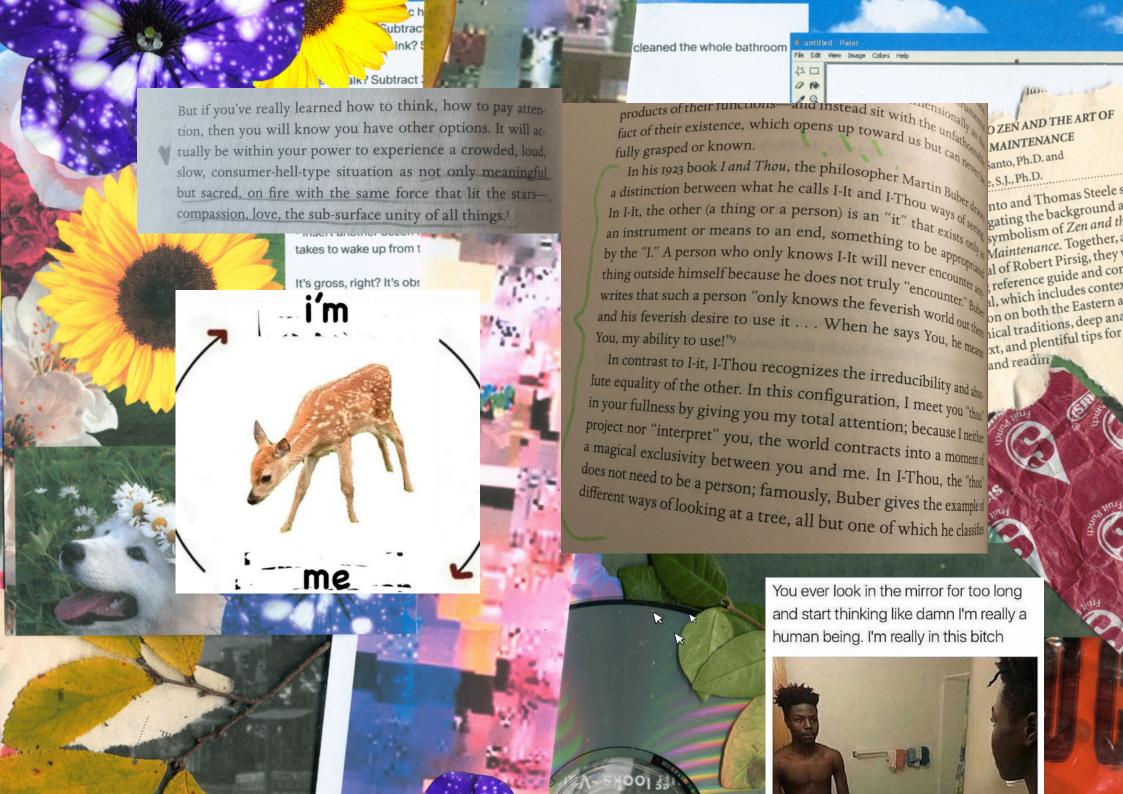
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RobinDH and Adison are two names that stand out to me!

It's a bit like falling in love—that terrifying realization that your fate is linked to someone else's, that you are no longer your own. But isn't that closer to the truth anyway? Our fates are linked, to each other, to the places where we are, and everyone and everything that lives in them. How much more real my responsibility feels

Samson the Ladle is the contributor I remember the mos

I'm glad have the book, but I'm a lot more glad for everything else.

This is a good book. Maybe even a great book. But a tremendous amount of the value I experienced with it was not contained within the book, or if it was I couldn't experience it without the work of many individual minds interfacing with the book and with each other.

Whether interpreting the existing text or adding to it with our own specific experiences and knowledge bases, we each and all created a luminous sphere of Art & Value surrounding this art object.

I'm glad I have the book, but I'm a lot more glad for everything else.

Olive Nicole's comment on the Chapter 2 thread haunted me the entire time I was reading. It makes me feel crazy. Huge shoutout.

Honestly anything Adison or Annie Liz says to another person is interesting, mostly because I feel like it's totally confusing and intriguing and I know I'm missing something and I feel like it's good but I can't receive it

Matthew M:)

I really appreciated Matthew, Samson, and Hannah Jones discussion of discipline, love, and loving other people. There's something so beautiful about the process of learning to love someone, and to pull that process out and look at it, is to pay attention to how we love. The discussion centered around discipline, and whether or not it has a place in loving. And oh boy does it!

I really liked all of Matthew M's contribution. Really well articulated and interesting.

This was my first book club and I had a great time. I'm excited to participate in future ones. :)))

In the thread for chapter 4, I found Matthew M's reply to CJ and the subsequent exchange between Matthew M and RobinDH particularly interesting! Thought they navigated the issue of ethical coercion with great care and focus, especially their points about the individual versus collective scale and the necessary weight that should be afforded to both. Also in the chapter 4 thread, I really enjoyed the conversation between Hannah Jones, Samson the Ladle, and Matthew M. It was very cool to see them ironing out their own associations with specific words and how that shaped their responses.

the discussion about systemic design vs individual action was one of the most interesting discussions in this book club, and something I still think about and like to bring up in conversations. I though Piper's comment about the annotations in their library book was quite charming, and had me reflecting on different ways of physically experiencing a book and what future readers may imagine. Chandler's comment in the intro post about haikus stuck with me and I've been more interested in them ever since!





